

Ms.R.UMA
Assistant Physical Directress
Department of Physical Education



Qualification : B.Com., M.P.Ed.,M.Sc(YOGA)., DGT.,
Experience : 14.0 (Y.M.)
Email ID : sriumamani@ gmail.com

Paper Presentation /Activities

S.No.	Paper Presentation / Activities	Conducted by	Duration
1.	Effect of selected Yogasanas on Self-concept among High school boys	Bishop College, Trichy	One day
2.	Zonal level Kabaaddi, Volley ball, Basket ball, Inter zonal Judo	K.L.N. College of Information Technology	Two days
3.	K.L.N.Krishnan Memorial State Level Volley ball, Kabaaddi, Judo	K.L.N. College of Information Technology	Two days

S.No	Designation	Name of Institution	From	To	Year
1	Assistant Physical Directress	E.M.G.Yadava Women's College, Madura.	01/09/2006	01/03/2010	3 Yrs& 6 Months
2	Physical Director	Sri Meenakshi Govt College Madurai.	05/062012	05/04/2013	10 Months
3	Assistant Physical Directress	K.L.N. College of Information Technology	17/07/2013	20/08/2019	6 Years
4	Assistant Physical Directress	K.L.N. Arts & Sciences College	21/08/2019	Till date	1 Year & 10 Months